

## Preparing for Lap Band

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According to Marla, prior to her Lap Band Surgery, she underwent an endoscopy and it indicated she was facing a stomach irritation. Once that problem was cleared up, Marla moved ahead with plans for the lap band procedure.

It was right after Christmas that things were set in motion and Marla went through with the Lap Band Surgery.

It took Marla some time to recover, but she said the Lap Band Surgery is a good choice for those looking to lose weight in a safe manner.