

Lap Band and BMI

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For the potential Lap Band Patient considering the procedure, they will often hear about or encounter in reading materials the term of body mass index (BMI). One's BMI is part of the process in determining whether or not the individual is a good candidate for the lap band procedure.

The BMI will be used as a measuring stick of body fat based on height and weight. The mechanism for deciding one's BMI is (weight in pounds) divided by (height in inches squared).

The BMI measurement group weights according to the scale below:

Healthy Weight: BMI between 19 and 25

Overweight: BMI between 25 and 30

Obese: BMI above 30

Severely (Morbidly) Obese: BMI is 40 or greater