

Look at Post Lap Band

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In the majority of cases, patients Just After Lap Band should be allowed to go back to work within a week, with minimal discomfort.

Lap band patients will need to stick to a nutrition plan (which can include vitamin supplements) prescribed by the lap band surgeon and/or nutritionist.

For most cases, the nutrition plan is likely to include a liquid diet for several weeks, until the patient can do okay with soft foods, followed afterwards by solid foods. Some lap band patients may also be told to work on a certain exercise program, along with behavioral-modification therapy.